

In the name of God

Curriculum Vita



IUMS

Ilam University of Medical Sciences

Masoumeh Otaghi, PhD

Female, Iranian, Married

Date of Birth: October 2, 1974

Assistant Professor

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❖ *CV last edited on 2017/2/10*

Educational Background

- ✓ **BS:** Nursing, Ilam University of Medical Sciences (IUMS), 1996
- ✓ **MS:** Psychiatric Nursing, Ahvaz Jundishapur University of Medical Sciences (AJUMS), 2003
MS Dissertation: Comparative Study of Group Reminiscence Therapy on Depression in Men and Women Retired and Pensioners Elderly
- ✓ **PhD:** Nursing Education, Shahid Beheshti University of Medical Sciences (SBUMS), 2014
PhD Thesis: Transition to Hemodialysis: Grounded Theory Study

Clinical Experiences

- Nurse in Psychiatric, Medical, Surgical, Burning, ICU, and CCU wards in the hospitals of Ilam city, Iran (1996-2009)
- Administrator of Nursing Office in IUMS, Iran (2007-2008)
- Participant in setting up Women Psychiatric, Surgical, Dialysis, Medical ICU, CCU, and NICU wards in the province of Ilam, Iran (1996-2009)

Educational Experiences

- Part- time instructor of theoretical and practical lessons of nursing course in BS grade in the universities of IUMS, AJUMS, and SBUMS in Iran (2001-2015)
- Assistant of Head of Nursing Department, IUMS, IR (2013-2014)
- Consultant for 30 emergency medical students in Higher Diploma grade, IUMS, IR (2013-2015)
- Faculty member in IUMS university in Iran (since 2015)
- Consultant for 30 nursing students in BS grade, IUMS, IR (since 2015)

- Lecturer in following workshops in hospitals and administrations of the city of Ilam:
 - Coping Stress (2005)
 - Patient relationship (2007, 2014)
 - Life style in cardiovascular patients: Stress management (2007)
 - Ethics in nursing documentation (2007)
 - Pandemic influenza (2007)
 - Relationship skills (2014, 2016, 2017)
 - Nursing documentation (2014)
 - Academic skills (2014)
 - Proposal writing (2013, 2014, 2015, 2016)
 - Writing an article (2013, 2016, 2017)
 - Research methods (2014, 2015, 2016)
 - Success rules and self-esteem (2015)
 - Critical thinking (2016)
 - Interpersonal relationship and decision making (2016)
 - Stress management (2016, 2017)

Socio-Cultural Experiences

- Member of Basij of Student in all of the educational grades in the universities of IUMS, AJUMS, and SBUMS (1992-2014)
- Active member of Basij of Medical Society, Ilam, Iran (since 1995)
- Attending in the seminars directing by Deputy of Student and Cultural Affairs, IUMS, Ilam, Iran (since 1992)
- Attending in the seminars directing by Basij of Medical Society, IUMS, Ilam, Iran (since 1992)
- Member of general libraries in Ilam city in Iran and participating in their educational and cultural programs (since 1992)
- Member of Medical Team of Hajj and Pilgrimage Organization, Islamic Republic of Iran, Iranian Red Crescent Society (2006)
- Participation in CPR education, Public Readiness Plan, Ilam, Iran (2007)
- Participation in establishing Crisis Management Plan in health care centers in the province of Ilam, Iran (2007)
- Administrator of Educational and Scientific Services, Basij of Medical Society, Ilam, Iran (for 3 years, since 2008)
- Participation in setting up the journal of "Health and Exploring" in IUMS, Ilam, Iran (2008)
- Member of Cultural Committee, Faculty of Nursing & Midwifery, IUMS, Ilam, Iran (2014, 2017)
- Member of the Workgroup of Health and Biotechnology, Scientific Basij of province of Ilam, Iran (2015)
- Attending in "Thought Banquet for Faculty Members", IUMS university, Ilam, Iran (2015,2016)

- Honors and Awards:
 - First rank in entrance exam for BS grade of Nursing, IUMS (1992)
 - First rank in employment exam for clinical nursing in Ilam city (1997)
 - First rank in entrance exam for Ms grade of Nursing in deprived regions of Iran (2000)
 - 5th rank in entrance exam for PhD grade of Nursing, Iran (2008)
 - Second rank among nursing students during BS period, IUMS (1992-1996)
 - First rank among nursing students during MS period, AJUMS (2000-2002)
 - Excellent student in Bs grade, IUMS (1993)
 - Woman- elect in Ilam city (2001, 2007)
 - Nurse- elect in centers contracting Committee Imdad Imam in Ilam (2005)
 - Nurse-elect of Basij of Medical Society, IUMS, Iran (2008)
 - Nurse-elect in faculty of Nursing & Midwifery, IUMS, Iran (2017)
 - Excellent in Great Plan of Quran in Home, Qom, Iran (2011-2015)
 - Faculty- elect in IUMS for 20th Festival of Quran and Etrat (2015)
 - Excellent educational process in IUMS university in 9th and 10th Shahid Motahari Educational Festival (2016, 2017)

Research Experiences

- Participation in directing dissertations in MS degree of Nursing and Health Education students as well as Medicine students as a chief advisor (7 students), scientific advisor (3 students) or supervisor (4 students), IUMS, Iran (since 2015)
- Reviewer of national and international journals as following:
 - HAMP: Journal of nursing students, SBUMS, Iran (2010-2012)
 - International Nursing Review (2013)
 - Nursing Practice Today, TUMS, Iran (2014)
 - Journal of Ilam university of medical sciences, IUMS, Iran (since 2014)
 - Journal of Geriatric Nursing, IUMS, Iran (since 2015)
 - Iranian Journal of Nursing and Midwifery Research, Isfahan University of Medical Sciences, Iran (2017)
- Reviewer of lecture or poster presentation in some national and international seminars that were held in Iran (since 2012)
- Reviewer or supervisor of research plans directing in hospitals, faculties and research centers of IUMS, Iran (since 2006)
- Presentation 36 articles as lectures (15) and posters (21) in national and international seminars that were held in Iran (since 2001)
- Papers published in English language:
 - Hasani P, **Otaghi M***, Zagheri Tafreshi M, Nekbakht Nasrabadi A. The Meaning of Transition to Hemodialysis: qualitative study. Iranian Journal of Critical Care Nursing. 2013;6(2):73-80.
 - **Otaghi M**, Bastami M, Borji M, Tayebi A, Azami M. The Effect of Continuous Care Model on the Sleep Quality of Hemodialysis Patients.

Nephrourol Mon. 2016;8 (3):e35467. Epub 2016-03-19. doi: 10.5812/numonthly.35467.

- **Otaghi M**, Valizadeh R, Kaikhavani S. The Effect of Affective Self-Regulation Training Workshop on Academic Achievement in Emergency Medical Students in Higher Diploma. 2016; 7(4s2): 11-16. doi:10.5901/mjss.2016.v7n4s2p11.
- **Otaghi M**, Kaikhavani S, Valizadeh R. The Effectiveness of Anger Instruction in Behavioral- Cognitive Approach on Improvement of Marital Life Quality. 2016; 7(4s2): 26-31. doi:10.5901/mjss.2016.v7n4s2p26.
- Borji M, Tavan H, Azami M, **Otaghi M***. The Effect of Continuous Care Model on Blood Pressure and Quality of Life in Patients on Hemodialysis. Biomed Pharmacol J 2016;9 (2):689-695.
- Nikpay S, Moradi K, Azami M, **Otaghi M**, Babashahi M, Borji M. of Kidney Stone Different Compositions in Patients Referred to a Lithotripsy Center in Ilam, West of Iran. J Ped. Nephrology 2016;4 (3):102-107.
- **Otaghi M**, Borji M, Tahmasebi H, Navkhasi S. The level of professional socialization of nursing students of Ilam University of Medical Sciences in 2016. IJHRMS. 2016; 5 (12):60-64.
- **Otaghi M**, Borji M, Bastami S & Solymanian L. 2016b. The Effect Of Benson's Relaxation On Depression, Anxiety And Stress In Patients Undergoing Hemodialysis. International Journal Of Medical Research & Health Sciences, 5, 76-83.
- Hassani P, **Otaghi M***, Zagheri-Tafreshi M, Nikbakht-Nasrabadi A. The process of transition to hemodialysis: A grounded theory research. Iranian journal of nursing and midwifery research. 2017 Jul;22(4):319.
- Borji M, **Otaghi M***, Salimi E, Sanei P. Investigating the effect of performing the quiet time protocol on the sleep quality of cardiac patients. Biomedical Research. 2017;28(16).
- Borji M, **Otaghi M***, Kazembeigi S. The Impact of Orem's Self-Care Model on the Quality of Life In Patients With Type II Diabetes. Biomedical and Pharmacology Journal. 2017 ;10(1):213-20.
- **Otaghi M**, Qavam S, Norozi S, Borji M, Moradi M. Investigating the Effect of Lavender Essential Oil on Sleep Quality in Patients Candidates for Angiography. Biomedical and Pharmacology Journal. 2017 ;10(1):473-8.
- Valizadeh R, **Otaghi M**, Kaki F, Kavarizadeh F. The Effects of Transcranial Direct Current Stimulation (TDCS) on Reducing the Desire for Methadone among Addicts under Treatment in Taleghani Hospital of Ilam, Iran 2016. Der Pharmacia Lettre, 2017, 9 [4]:179-185
- Borji M, **Otaghi M**, Khodarahmi Z. The relationship between health literacy and general health status of patients with type II diabetes. BBRC, 2017, 10(2): 138-142

Membership of Scientific Societies

- Member of Nursing Organization of the Islamic Republic of Iran (since 2006)
- Member of Iranian Nursing Scientific Association (since 2007)
- Member of HSR Council, IUMS, Iran (2006-2007)
- Member of Research Committee, Faculty of Nursing & Midwifery, IUMS, Iran (2006-2007)
- Member of Educational Committee, Shahid Mostafa Hospital, IUMS, Iran (2006-2007)
- Member of Hospital Infection Committee, IUMS, Iran (2007-2008)
- Member of Neonatal Fatality Committee, IUMS, Iran (2007-2008)
- Member Of Infants Fatality Committee, IUMS, Iran (2007-2008)
- Member of Maternal Fatality Committee, IUMS, Iran (2007-2008)
- Member of Education and Research Committee, IUMS, Iran (2007-2008)
- Member of Strategic Management Committee, IUMS, Iran (2007-2008)
- Member of IT Committee, IUMS, Iran (2007-2008)
- Member of Triage Committee, IUMS, Iran (2007-2008)
- Member of Continuous Education Committee, Nursing Society, Iran (2008)
- Member of Clinical Evaluation Committee, Faculty of Nursing & Midwifery, IUMS, Iran (2014)
- Member of Journal Committee of IUMS, Iran (since 2015)
- Member of Research Council, , Faculty of Nursing & Midwifery, IUMS, Iran (2015)
- Member of Workgroup of Health and Biotechnology, Scientific Basij of province of Ilam (2015)
- Member of Workgroups of Education Evolution Plan: Students' Admission Strategies, Territorial Preparation, and Scientific Map of IUMS in the horizon 2021 (since 2016)
- Member of Educational Council, Faculty of Nursing & Midwifery, IUMS, Iran (2016)
- Member of Cultural Committee, Faculty of Nursing & Midwifery, IUMS, Iran (2014, 2017)
- Member of MS Council, , Faculty of Nursing & Midwifery, IUMS, Iran (2014, 2017)