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## About

I am a committed nurse academic with about15 years' experience nursing education. I obtained my BSc degree in Nursing in 2003 from Tehran University of Medical Sciences. I graduated MSc degree in nursing education in 2006 from Trabiat Modares University, Tehran, Iran under the supervision of Dr. Monireh Anoosheh. In 2009, I started the Ph.D. program in Nursing in the Tabriz University of Medical Sciences, Tabriz, Iran. My PhD thesis title was “*Socialization of men to nursing profession*” that was performed under the supervision of Prof. Vahid Zamanzadeh. In 2008, I was recruited to the division of nursing at Ilam University of Medical Sciences. I was achieved the rank of professor of nursing in 2023. I have developed a diverse research profile with a focus on patient outcomes and education and the health professionals.

## Academic Information

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| **Academic Institution** | Ilam University of Medical Sciences, Ilam, Iran. |
| **Academic Divisions** | Nursing |

## Research Interests

* Community-based research
* male nurses
* Older adult health
* End of life care

## Education History

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| **Nursing Education** | Tabriz University of Medical Sciences, Tabriz, Iran (2009-2013)  PhD |
| **Nursing Education** | Trabiat Modares University, Tehran, Iran (2004-2006)  MSc |
| **Nursing** | Tehran University of Medical Sciences, tehran, Iran. (1999-2003)  BSc |
| **Teaching experience** | Community health nursing, Nursing research and Nursing management for BSc nursing students since 2008  Nursing research, Geriatric nursing and Nursing theories for MSc students since 2014 |

Community health nursing

Geriatric nursing

Workshop and webinars

**Academic Honors**

* Ranked 7th in the inference exam of MSc program held by Ministry of Health.
* Ranked 9th in the inference exam of PhD program held by Ministry of Health.
* Award for top student from Tabriz University of Medical Sciences, 2013.
* Award for top researcher from Ilam University of Medical Sciences, 2020.

## Publications - Journal Articles

**Articles:**

1. Arazi S, Rashidi F, Raiesifar A, Veisani Y, Azadi A. The Effect of a Non-Pharmacological Multicomponent Pain Management Program on Pain Intensity and Quality of Life in Community-Dwelling Elderly Men With Chronic Musculoskeletal Pain. Pain Management Nursing. 2023;24(3):311-7.
2. Biabani F, Rahmani A, MahmudiRad G, Hassankhani H, Azadi A. Reasons for kidney transplant refusal among patients receiving peritoneal dialysis: A qualitative study. Peritoneal Dialysis International. 2023:08968608221146865.
3. Mamaghani EA, Rahmani A, Hassankhani H, Zamanzadeh V, Dean S, Irajpour A, Azadi A. Iranian nursing students' experiences of workplace violence: a qualitative study. Journal of Injury and Violence Research. 2023;15(1):1-9.
4. Rashidi F, Azadi A. Attitudes toward and willingness to work with older people and its predicting factor among medical science students in Iran. Working with Older People. 2022;26(4):397-406.
5. Zali M, Rahmani A, Hassankhani H, Namdar-Areshtanab H, Gilani N, Azadi A, Ghafourifard M. Critical care nurses' experiences of caring challenges during post-resuscitation period: a conventional content analysis. 2023.
6. Fard, Z.R., A. Azadi, and Y. Veisani, *Body Image, Quality of Life, and Their Predicting Factors in Pregnant Women: A Cross-Sectional Study.* Kesmas: Jurnal Kesehatan Masyarakat Nasional (National Public Health Journal), 2022. **17**(1).
7. Ghaderi M, Azadi A, Rahmani A, Sanaat Z, Nazemiyeh H, Shamsi A, Nabiolahi L. *Fatigue and Its Related Factors Among Iranian Cancer Survivors.* Journal of caring sciences, 2021. **10**(4): p. 210.
8. Ghelichkhani, F., et al., *The Association between Sociodemographic Characteristics, Creativity and Occupational Stress among Nurses Working in Ilam Hospitals, Iran (2019).* Journal of Occupational Health and Epidemiology, 2022. **11**(2): p. 129-137.
9. Haririan H, Rahmani A, Porter JE, Heidarzadeh M, Azadi A, Faghani S, Moradi N. *Nursing students’ attitude and preparedness for nurse prescribing and its relationship with self-efficacy.* Nurse education in practice, 2021. **54**: p. 103126.
10. Mamene M, Azadi H, Saraei Z, Mohammadi S, Nikbina M, Azadi A*. Comparison of Marital Satisfaction of Nurse Couples and Those Whose Spouse is not a Nurse and Predicting Factors that Determine their Marital Satisfaction.* Shiraz E-Medical Journal, 2022. **23**(8).
11. Rezaei N, Taheri S, Tavalaee Z, Rezaie S, AzadiA. *The effect of sexual health education program on sexual function and attitude in women at reproductive age in Iran.* Journal of Education and Health Promotion, 2021. **10**.
12. Saraei, Z. and A. Azadi, *Knowledge and Compliance with Standard Precautions and its Predictors among Health Care Workers in Teaching Hospitals, Ilam, Iran.* Journal of Ilam University of Medical Sciences, 2021. **29**(3): p. 1-11.
13. Yarbeigi, R., et al., *Investigating the Relationship between Demographic Variables And Emotional Intelligence and Spiritual Health in the Nurses Working in the Teaching Hospitals of Ilam.* Indian Journal of Forensic Medicine & Toxicology, 2021. **15**(2).
14. Zolfi, A.M., et al., *Awareness, Attitude, and Life Skills Related to Cigarette Smoking among High School Boy Students.* Evidence Based Health Policy, Management and Economics, 2021. **5**(1): p. 19-28.
15. Rezaei N, Azadi A, Pakzad R. Prevalence of andropause among Iranian men and its relationship with quality of life. The aging male : the official journal of the International Society for the Study of the Aging Male. 2020;23(5):369-76.
16. Najimi A, Veisani Y, Azami S, Azadi A. Investigating the sexual quality of life and its relationship with general health in older men in Iran. Journal of education and health promotion. 2020;9:150.
17. Heidarzadeh H, Heidarzadeh Z, Azadi A. Comparison of pre-hospital triage training by role playing and lecture on nursing students' knowledge, attitude and performance. Nursing open. 2020;7(4):935-42.
18. Fard ZR, Azadi A, Veisani Y, Jamshidbeigi A. The association between nurses' moral distress and sleep quality and their influencing factor in private and public hospitals in Iran. Journal of education and health promotion. 2020;9:268.
19. Fard ZR, Azadi A, Khorshidi A, Mozafari M, O'Connor T, Budri AMV, Moore Z, Patton D. A comparison of faculty led, mentorship program and peer mentoring on nursing students wound dressing clinical skills. Nurse education today. 2020;89:104378.
20. Bastami M, Azadi A. Effects of a Multicomponent Program on Fall Incidence, Fear of Falling, and Quality of Life among Older Adult Nursing Home Residents. Annals of geriatric medicine and research. 2020;24(4):252-8.
21. Azizian K, Azadi A, Veisani Y, Bastami M. The effect of performance feedback and educational video on endotracheal-suctioning practices of critical care nurses. Journal of education and health promotion. 2020;9:112.
22. Azizi M, Azadi A, Otaghi M. The effect of a self-care programme on urinary incontinence and self-esteem in elderly men dwelling in nursing homes in Iran. The aging male : the official journal of the International Society for the Study of the Aging Male. 2020;23(5):687-93.
23. Tavan H, Azadi A, Veisani Y. Return to Work in Cancer Patients: A Systematic Review and Meta-analysis. Indian journal of palliative care. 2019;25(1):147-52.
24. Keramtinejad M, Azadi A, Taghinejad H, Khorshidi A. The effectiveness of cognitive training on improving cognitive function and sleep quality in community-dwelling elderly in Iran. Sleep science (Sao Paulo, Brazil). 2019;12(2):88-93.
25. Rahmani A, Azadi A, Pakpour V, Faghani S, Afsari EA. Anxiety and Depression: A Cross-sectional Survey among Parents of Children with Cancer. Indian journal of palliative care. 2018;24(1):82-5.
26. Rezaei N, Azadi A, Sayehmiri K, Valizadeh R. Postpartum Sexual Functioning and Its Predicting Factors among Iranian Women. The Malaysian journal of medical sciences : MJMS. 2017;24(1):94-103.
27. Tavan H, Menati W, Azadi A, Sayehmiri K, Sahebi A. Development and Validation of a Questionnaire to Measure Iranian Nurses' Knowledge, Attitude and Practice Regarding Disaster Preparedness. Journal of clinical and diagnostic research : JCDR. 2016;10(8):Ic06-ic9.
28. Rezaei N, Azadi A, Zargousi R, Sadoughi Z, Tavalaee Z, Rezayati M. Maternal Health-Related Quality of Life and Its Predicting Factors in the Postpartum Period in Iran. Scientifica. 2016;2016:8542147.
29. Name N, Mohamadian R, Rahmani A, Fizollah-Zadeh H, Jabarzadeh F, Azadi A, Rostami H. Nurse Attitude-Related Barriers to Effective Control of Cancer Pain among Iranian Nurses. Asian Pacific journal of cancer prevention : APJCP. 2016;17(4):2141-4.
30. Charandabi SM, Rezaei N, Hakimi S, Khatami S, Valizadeh R, Azadi A. Sleep disturbances and sexual function among men aged 45-75 years in an urban area of Iran. Sleep science (Sao Paulo, Brazil). 2016;9(1):29-34.
31. Parvan K, Jabbarzadeh Tabrizi F, Rahmani A, Ghojazadeh M, Azadi A, Golchin M. The Relationship between Hope and Self-Esteem in Patients with Leukemia. Journal of caring sciences. 2015;4(3):217-23.
32. Gorbanzadeh B, Rahmani A, Mogadassian S, Behshid M, Azadi A, Taghavy S. Levels of Conscience and Related Factors among Iranian Oncology Nurses. Asian Pacific journal of cancer prevention : APJCP. 2015;16(18):8211-4.
33. Faghani S, Mohammadian R, Rahmani A, Mohajjel-Aghdam AR, Hassankhani H, Azadi A. Supportive Care Needs of Iranian Cancer Survivors and Relationships with Social Support. Asian Pacific journal of cancer prevention : APJCP. 2015;16(15):6339-45.
34. Bastami M, Azadi A, Mayel M. The Use of Ice Pack for Pain Associated with Arterial Punctures. Journal of clinical and diagnostic research : JCDR. 2015;9(8):Jc07-9.
35. Avestan Z, Rahmani A, Heshmati-Nabavi F, Mogadasian S, Faghani S, Azadi A, Esfahani A. Perceptions of Iranian Cancer Patients Regarding Respecting their Dignity in Hospital Settings. Asian Pacific journal of cancer prevention : APJCP. 2015;16(13):5453-8.
36. Abbasnezhad M, Rahmani A, Ghahramanian A, Roshangar F, Eivazi J, Azadi A, Berahmany G. Cancer Care Burden among Primary Family Caregivers of Iranian Hematologic Cancer Patients. Asian Pacific journal of cancer prevention : APJCP. 2015;16(13):5499-505.
37. Valizadeh L, Zamanzadeh V, Fooladi MM, Azadi A, Negarandeh R, Monadi M. The image of nursing, as perceived by Iranian male nurses. Nursing & health sciences. 2014;16(3):307-13.
38. Taghinejad H, Suhrabi Z, Kikhavani S, Jaafarpour M, Azadi A. Occupational Mental Health: A Study of Work-Related Mental Health among Clinical Nurses. Journal of clinical and diagnostic research : JCDR. 2014;8(9):Wc01-3.
39. Afrooz R, Rahmani A, Zamanzadeh V, Abdullahzadeh F, Azadi A, Faghany S, Pirzadeh A. The nature of hope among Iranian cancer patients. Asian Pacific journal of cancer prevention : APJCP. 2014;15(21):9307-12.
40. Zamanzadeh V, Valizadeh L, Negarandeh R, Monadi M, Azadi A. Factors influencing men entering the nursing profession, and understanding the challenges faced by them: Iranian and developed countries' perspectives. Nursing and midwifery studies. 2013;2(4):49-56.
41. Zamanzadeh V, Azadi A, Valizadeh L, Keogh B, Monadi M, Negarandeh R. Choosing and remaining in nursing: Iranian male nurses' perspectives. Contemporary nurse. 2013;45(2):220-7.
42. Azadi A, Anoosheh M, Delpisheh A. Frequency and barriers of underreported needlestick injuries amongst Iranian nurses, a questionnaire survey. Journal of clinical nursing. 2011;20(3-4):488-93.

#### Publications - Journal Articles (in process)

* What is Healthy Aging? Exploring the Perspective of Older Adults
* Investigating the quality of life related to caregiving and caregiving burden in caregivers of the elderly with trauma.
* The effect of the spiritual care training program on attitude and competence of nurses working in critical care units.

#### Abstract (Congresses)

* Azadi A. Rezaei Adaryaani M. Kidney complications in cardiovascular diseases" in the 15th International Cardiovascular Congress, Tehran, Iran, 2006, Oral.
* Azadi A, Mafi MR. Thrombolytic therapy in coronary artery diseases, 15th International Cardiovascular Congress, Tehran, Iran, 2009, Oral.
* Azadi A, Anoosheh M, Bazhan M. Prevalence of Overweight and Obesity among Male Adolescent Students in Tehran-Iran, First International Congress of Public Health and Nutrition, Barcelona, ​​Spain, 2010, Poster
* Azadi A, Anoosheh M. Obesity in Tehranian students and its relationship with some behavioral factors, 18th International Pediatric Nursing Congress, Tehran, iran, 2011, Oral.
* Azadi A, The effect of family centered Empowerment Model on B-Thalassaemic adolescents’ quality of life. Tabriz, National congress of pediatric nursing. 2013, Oral.
* Rezaei N, Azadi A, Pakzad R.Prevalence of andropause among Iranian men and its relationship with quality of life. The 3rd Congress of Nephrology and Urology, Kish, Iran. 2017, Oral
* Azadi A. Arazi S.The Effect of a Non-Pharmacological Multicomponent Pain Management Program on Pain Intensity and Quality of Life in Community-Dwelling Elderly Men with Chronic Musculoskeletal Pain. The first international congress of palliative care and support for the elderly, Kashan, Iran, 2022, Oral.

**Supervisor for MSc Projects**

1. Awareness, Attitude, and Life Skills Related to Cigarette Smoking among High School Boy Students of Ilam city in 2014-2015.
2. The effect of fall prevention program on fear, the frequency of falls and the quality of life of the elderly living in Ilam city.
3. The effect of self-care training program on self-esteem and urinary incontinence control in elderly men living in nursing homes in Ilam and Sanandaj cities.
4. The effectiveness of cognitive training on improving cognitive function and sleep quality in community-dwelling elderly in Ilam, Iran.
5. A comparative study on endotracheal suctioning instruction using performance feedback and educational film on the practice of nurses working in ICU in Ilam city.
6. The effect of peer and mentor learning methods on surgical dressing skills of nursing students of Ilam University of Medical Sciences.
7. Investigating the sexual quality of life and its relationship with general health in older men in Ilam in 2018.
8. Investigating the relationship between demographic variables and emotional intelligence and spiritual health in the nurses working in the educational hospitals of Ilam city.
9. Effect of pain management program on quality of life and pain control among community dwelling elderly men suffering from musculoskeletal pain attending to health care centers in Ilam.
10. Healthy Aging from the Perspective of Older Adults: A Descriptive Qualitative Study.
11. The effect transitional care on of readmission rate of elderly diabetic patients discharged from educational hospitals of Sanandaj city.
12. The effect of the spiritual care training program on the attitude and competence of nurses working in critical care units of educational hospitals in Ilam city.
13. Investigating the quality of life related to caregiving and caregiving burden in caregivers of the elderly with trauma in Ayatollah Taleghani Hospital, Kermanshah in 2020.

**Advisor for MSc Projects**

1. The effect of motivational corporate interviewing on the self-esteem of the elderly patients with cancer.
2. The effect of educational program on care burden of informal caregivers of elderly people with type 2 diabetes in Ilam in 2016-2017.
3. The relationship between the futile care and moral distress among in nurses working in ICU in Ilam city hospitals in 2017.
4. The role of job satisfaction on life satisfaction and mental health of nurses in teaching hospitals in Ilam city in 2021.
5. The effect of occupational stress management skill training with a cognitive-behavioral approach on the clinical competence of novice nurses in Ilam city.

**References**

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