

# CURRICULUM VITAE



**[zainab suhrabi]**

## Personal Description

First Name: zainab

Surname: suhrabi

Sex: female

Birth date: 21, March, 1978

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## Current University Position

Member of Faculty in Ilam University of Medical Sciences, and the Midwifery Department Manager Medical Sciences.

## Responsibilities

- 1 -Member of educational committee in Faculty of Nursing and Midwifery (2012 -Present).
- 2 -Member of Research committee in Faculty of Nursing and Midwifery (2010 -Present).
- 3- Member of publication committee in Ilam University of Medical Sciences (2012 -Present).
- 4- Member of Finance committee of researches in Faculty of Nursing and Midwifery (2013 -Present).
- 5- Member of cultural affairs committee in Faculty of Nursing and Midwifery (2014-Present).
6. Deputy Director of Education, Ayatollah Taleghani Educational and Medical Center, Ilam City(2023-Present).

### Research Interest:

- 1) Obstetrics and Gynecology
- 2) Infants
- 3) Maternal and child health
- 4) Fertility health

### Educational Background

**B.Sc:** (midwifery, 2003), Hamedan University of Medical Sciences, Iran.

**M.Sc:** (midwifery education, 2005), Ahwaz University of Medical Sciences, Iran.

Title of MSc thesis: Comparison of the Effect of Acupressure at Saninjiao and Ibuprofen on Primary Dysmenorrhea.

**PhD of Reproductive Health** School of Midwifery & Nursing, Tehran University of Medical Sciences (TUMS) (2018-2023),

Thesis: Exploring the concept of Female Identity in Reproductive health, Development and Psychometric Properties of the Questionnaire: A Mixed Method Study

### Selected papers presented in international Congress:

- 1) **Suhrabi. Z**, et al. Obstacles of clinical training .International Conference in Medical Education. December 4-7, 2010, Abu Dhabi, UAE.
- 2) **Suhrabi. Z**, et al. Effect of acupressure (UB32) on pain intensity in intra muscular in jections.19th International pelvic Pain Society Annual Scientific Metting.26-29 May, 2011,Istanbul, Turkey.
- 3) **Suhrabi. Z**, et al Comparison of the efficacy of Ibuprofen and Celecoxib on the intensity of perineal pain following episiotomy. 19th International pelvic Pain Society Annual Scientific Meeting. 26-29 May, 2011, Istanbul, Turkey.
- 4) **Suhrabi. Z**, et al. The effect of education on knowledge and attitude of hospital nurses in term of diabetic foot. world diabetes congress, IDF,4-8 December2011, Dubai.

### PUBLISHED ARTICLES

Journal Publications (Indexed in PubMed / ISI/ SCOPUS/ ISC)

- 1.Sohrabi Z, Tadayon M, Javadifar N. [Comparison of pressure effect on Sanyinjiao point with that of ibuprofen on primary dysmenorrhea](#). J Ilam Univ Med Sci .2006; 14(2):30-8. (Persian). (ISC)
- 2.Taghinejad, H . Sohrabi, . Mahaki, B .[Comparison of the effect of pethidin hydrochloride and diclofenac sodium \(diclon\) on the severity of pain after cesarean section](#). J Ilam Univ Med Sci. 2007; 14(4):7-12. (Persian). (ISC)
3. Taghinejad, H , Mahaki, B, Sohrabi, Z, Karimi S.[Astudy on Ripening of cervix using PG and foley catheter](#). J Ilam Univ Med Sci .2008; 16(1):14-19. (Persian). (ISC)
- 4.Taghinejad H, Delpisheh A, **Suhrabi Z**. [Comparison between massage and music therapies to relieve the severity of labor pain](#). Women's Health. 2010; 6(3):377-81. (ISI web of science / pubmed).

5. Direkvand-Moghadam, A, Suhrabi, Z, Jaafarpour, M. [The Effect of Education on Knowledge and Practice of Married Men Working in Hospitals and Health Centers of Ilam City on Participation in Family Planning](#). J Ilam Univ Med Sci 2012; 19(4):57-64. (Persian). (ISC)
6. **Suhrabi Z**, Delpisheh A, Taghinejad H. [Tragedy of women's selfimmolation in Iran and developing communities: a review](#). International journal of burns and trauma. 2012; 2(2):93. (PubMed)
7. Norouzi K, Taghinejad H, Mohammadi F, Mohammadi E, **Suhrabi Z**. [What is missed in self-immolated patients' care? A grounded theory study](#). Journal of clinical nursing. 2012; 21(23- 24):3418-28. (ISI web of science / pubmed).
8. Taghinejad H, **Suhrabi Z**, Kikhavani S. [Concept analysis of autonomy in nursing: A review Study](#). Journal of Ilam University of Medical Sciences. 2012; 21(2):37-43 . (Persian). (ISC)
9. **Suhrabi Z**, Taghinejad H. [A Comparative Study on the Efficacy of Ibuprofen and Celecoxib on the Intensity of Perineal Pain Following Episiotomy: A Randomized Clinical Trial](#). Iran Red Cres Med J. 2013; 12(5). (ISI web of science / pubmed).
10. S Ehsanpour ST, Sh Kohan, H Taghinejad, Z Suhrabi, N Rezaei , M Shakour. [Comparing the Viewpoints of Managers, Employees and Clients Regarding the Cultural - religious ̂Barriers to Family Planning Counseling](#). IJN. 2013; 26(85):35- 43. (Persian) . (ISC)
11. Taghinejad, H , Dirkvand Moghadam A , Suhrabi Z - Zamanian Azedi M , Rezaei R. [Effect of pre-marriage counseling on knowledge of couples who referring to premarital counseling center](#). Medical History Quarterly. 2013; 4(13) . (Persian). (ISC)
12. Jaafarpour, M., Khani, A., Khajavikhan, J., Suhrabi, Z. [Female sexual dysfunction: Prevalence and risk factors](#). Journal of Clinical and Diagnostic Research. 2013;7 (12), pp. 2877-2880. (PubMed)
13. **Suhrabi Z**, Taghinejad H, Moghadam M, Alizadeh M, SalamatI M. [survey the effectiveness of education on knowledge and attitude of high school and guidance school teachers of ilam urban about risk factors of cardio-vascular diseases](#). Journal of Ilam University of medical sciences. 2014; 22(2). (Persian). (ISC)
14. **Suhrabi Z**, Taghinejad H. [Effect of acupressure \(UB32\) on pain intensity in intramuscular injections](#). Iranian journal of nursing and midwifery research. 2014; 19(1):24. (PubMed)
15. Hamid Taghinejad, **Zainab Suhrabi**, Satar kikhavani, Molouk Jaafarpour, Arman Azadi, [Occupational Mental Health: A Study of Work-Related Mental Health among Clinical Nurses](#), Journal of Clinical and Diagnostic Research. 2014; 8(9):1-3. (PubMed)
16. **Zainab Suhrabi** , Hamid Taghinejad, Kobra Valian, Kourosch Sayehmiri, Safoura Taheri, [A comparative study on the efficacy of Glucose and Sucrose on the vaccination pain: A randomized controlled clinical trial](#), Journal of Clinical and Diagnostic Research, 2014; 8(10). (PubMed)
17. Esmaeili R, Hashemi S , Moghaddam Shakib M , Alikhani M , Suhrabi Z. [Evaluation of bacterial factors of urinary tract infections and determination of their antibiotic resistance in adolescents referred to Farshchian hospital in Hamedan](#). J Ilam Univ Med Sci .2014; 21(7):281-286. (Persian). (ISC)
- 18- Heydari, L., Suhrabi, Z., Sayehmiri, F., Sayehmiri, K. [Effect of herbaceous medicines effective in hot flashes of menopause women: A systematic review and meta-analysis in Iran](#). Iranian Journal of Obstetrics, Gynecology and Infertility. 2014; 17 (109), pp. 16-25. . (Persian). (Scopus)
19. Sohrabi, Z., Ziagham, S., Akbari, M., Bastami, A. [Effect of oxygen inhalation on postpartum hemorrhage](#). Iranian Journal of Obstetrics, Gynecology and Infertility. 2015; 18 (168), pp. 1-6. . (Persian). (Scopus)

20. Akbari, M., Taghinejad, H., Rezaee, N., Ziagham, S., Sohrabi, Z. [Active management of third stage of labor in normal vaginal delivery using dextrose 10%: A randomized clinical trial](#). Iranian Journal of Obstetrics, Gynecology and Infertility. 2016; 19 (37), pp. 25-31. . (Persian). (Scopus)
21. Suhrabi, Z., Taghinejad, H., Direkvand-Moghadam, A., Akbari, M. [The effect of oxygen inhalation plus oxytocin compared with oxytocin only on postpartum haemorrhage: A randomized clinical trial](#). Journal of Clinical and Diagnostic Research. 2016; 10 (9), pp. QC01-QC03. (PubMed)
22. H Taghinejad, A Azadi, Z Suhrabi, M Sayedinia. [Musculoskeletal disorders and their related risk factors among iranian nurses](#). Biotechnology and Health Sciences.2016; 3 (1). (ISC)
23. Direkvand-Moghadam, A, Suhrabi, Z, Akbari, M, Direkvand-Moghadam, [A Prevalence and predictive factors of sexual dysfunction in Iranian women: Univariate and multivariate logistic regression analyses](#). Korean Journal of Family Medicine, 2016; 37 (5), pp. 293-298. (PubMed)
24. I Mohammadi, H Thaghinejad, Z Suhrabi, H Tavan. [The correlation of learning and study strategies with academic achievement of nursing students](#). J Bas Res Med Sci. 2017; 4(3):8-13. (ISC)
25. Taheri, S., Farzi, S., Tiznobek, A., (...), Azadi, T., Shafieian, M. [Optimism, communication skills and its related factors in midwifery students](#). Journal of Clinical and Diagnostic Research.2018; (ISI web of science / pubmed).
26. Zainab Suhrabi ◊Malihe Akbari ◊Hamid Taghinejad ◊Golnaz Azami. [Comparing the Effect of Dextrose and Oxytocin to Reduce Postpartum Haemorrhage: Randomised Controlled Trial](#). Journal of Clinical and Diagnostic Research. July2019:13(7). (PubMed)
27. Hamid Taghinejad ◊Zainab Suhrabi ◊Hamed Tavan. [Evaluation of Risk Management Knowledge among Nurses in Medical Training Hospital of Ilam](#). Journal of Clinical and Diagnostic Research. June 2019:13(6) (pubmed).
28. Safoura Taheri1, Mahmoud Tavousi, Zohre Momenimovahed, Ashraf Direkvand-Moghadam, Azita Tiznobaik, Zainab Suhrabi, Ziba Taghizadeh. [Development and psychometric properties of maternal health literacy inventory in pregnancy](#). PLoS ONE. June 11, 2020: 15(6) (pubmed).
29. Mahsa Mashreghi, Zainab Suhrabi, Parand Soliemanifard, Sedigheh Farzi and Safoura Taheri. [The Association Between Severity of Dysmenorrhea and Social Support among Female Students of Ilam University of Medical Sciences](#). Shiraz E Medical Journal. July 2021:22(9) (Scopus)
29. Z., Suhrabi, Zainab, F., Farnam, Farnaz, A., Ebadi, Abbas, M., Damghanian, Maryam. [EXPLORING THE CONCEPT OF FEMALE IDENTITY IN REPRODUCTIVE HEALTH: A SYSTEMATIC REVIEW](#). Gomal Journal of Medical Sciences. 2023 Apr-Jun;21(2):114-22 (ISI web of science).
30. Negin Seyedi, Zoleykha Karamelahi, Mahnaz Shafieian, Zeinab Sohrabi, Razhan Chehreh. [Prevalence of vaginitis recurrence and its associated factors in women referring to gynecological clinics affiliated to Ilam University of Medical Sciences in 2023](#). Iran J Obstet Gynecol Infertil 2024; 27(9):51-63 .(Scopus)
31. H Taghinejad, Z Suhrabi. [Effect of Non Pharmacological Intervention Sweet-Tasting Solution on Pain in Term Infants Who Receive Vaccination](#). Journal of Basic Research in Medical Sciences. 2025; 12(1):43-48..(Scopus)